

Ramer Wood Public School
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From the Office

April 2019

Dear Parents/Guardians:

Congratulations Ramer Wood! We continue to focus on teaching and learning in a positive inclusive, school culture and the environment.

As we prepare for the final three months of school, students and teachers are busy preparing culminating activities for students to demonstrate their knowledge and build on the skills they have acquired over the school year. Our staff continues to collaborate and participate in professional development opportunities to provide excellent learning experiences for all of our students. Teachers are focussed on designing tasks that are interesting, engaging and relevant to students' lives but also require them to think critically.

We have had many events the past few months which highlight our work and celebrate student success and achievement and we have some activities planned for our different grades: Primary classes continue to be involved with their Learn to Swim program, Term 2 Dance workshops are underway for all classes, the Fire Department continues their teaching on safety with our Grade 3s and we have MADD Canada presenting needed information to our Intermediate students. Leader by Example Assemblies each month recognize student character development and achievement. Jump Rope's Kick Off is in April with our event in May. Our students have been practising their basketball skills and we will be hosting our Junior Area Basketball Tournament on Tuesday, April 23, 2019.

School Council's next meeting is Wednesday, April 10 at 6:30 p.m. Please mark this date on your calendar. Members have been planning our Math Night May 8 with staff. It is truly a partnership between school, home and community. We hope you will be able to attend this night of learning!

May is another month that has scheduled yearly events that take place. Welcome to Kindergarten evening is May 15 for the newest members of the Ramer Wood community and Ontario's Province wide EQAO Grade 3 and Grade 6 Assessments in Reading, Writing and Math scheduled from May 23 - May 31, 2019. Families who have students in these grades will receive further information mid month.

At any time, if you have any questions please call the office.

Kind regards

Mrs. C. Pink
 Principal

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Next School Council Meeting:

April 10, 2019 @ 6:30 p.m.

Math Night:

Wed. May 8 @ 6-8 p.m.

EQAO—Grades 3 & 6:

May 23, 2019—May 31, 2019

Kindergarten Registration For the 2019-2020 School Year

Kindergarten registration has begun for the 2019-20 school year. Registration forms are available on YRDSB's website, www.yrdsb.ca.

Children who turn four or five years old during 2019, live within the school boundary and whose parents are public school tax supporters will be eligible to register for kindergarten.

A Kindergarten Information Session for parents is being planned for Wednesday, May 15, 2019.



For more information please visit the YRDSB website or contact our school at 905-471-6512 to set up an appointment.

International Day of Pink - April 10, 2019

York Region schools will be a sea of pink on April 10, 2019!

Students and staff will recognize the International Day of Pink by wearing pink and taking part in activities that promote anti-bullying. They will join communities across the country in celebrating diversity, working toward equity and inclusivity by raising awareness about homophobic, transphobic and other forms of bullying.

At Ramer Wood P.S., the Student Leadership Team has planned special events throughout Pink Week:

- Monday— Twin/Triplet Day
- Tuesday— Hat Day
- Wednesday—Wear Pink Day
- Thursday—Spirit Day (Blue, Gray & White)
- Friday—Superhero Day

The International Day of Pink began in Nova Scotia when two high school students witnessed a student being bullied because he was wearing a pink shirt. The two students intervened but wanted to do more to prevent homophobic & transphobic bullying. They purchased pink shirts and encouraged their peers to show their solidarity by wearing pink to school. The result was that an entire school joined together to take a stand.

Join YRDSB students in their efforts to prevent bullying. Show your commitment to equity and inclusivity and support for diversity and anti-bullying by wearing pink on Wednesday, April 10th!

Coding Club

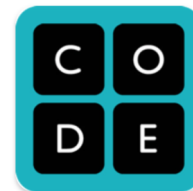
At Ramer Wood Public School the Coding Club meets to learn, explore, inquire about computer science by programming codes online.

Grade's 3-8 were invited to join every Day 5 during lunch in the library. Students are engaged and excited to use their problem solving skills to drag and drop codes to make characters, move, change backgrounds and add music. Some of the coding programs include Minecraft, Star Wars, Frozen, and Dance Party to name a few.

We will be doing a school-wide HOUR OF CODE sometime in May or June where all classes, teachers and students will participate.

Coding will be shared at our May 8th Math Night!

The sites that we use are <http://www.code.org> and <https://www.tynker.com/>.



Code.org

Character Corner

April's **Leader by Example Assembly** will take place Tuesday, April 30, 2019.

The character trait is integrity and the spirit day theme will be "Superhero day".



SCHOOL COUNCIL MESSAGE

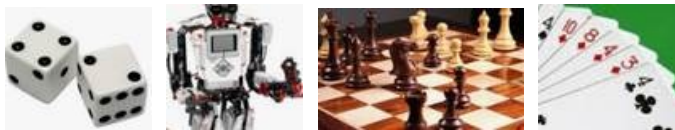
Parents/Guardians and Families:

Ramer Wood Public School's Math Family Night will take place on **Wednesday, May 8th from 6:00 p.m. – 8:00 p.m.** It is an opportunity to develop home-school partnerships.

Did you know that you are an important partner in your child's mathematics education? When you find ways to engage your child in thinking and talking about mathematics, you are providing an important key for unlocking your child's future success.

On **May 8th**, Ramer Wood Staff will be journeying families through some hands on, fun and engaging math activities that will show how important skills such as reasoning, number relationships and communication are cultivated and ways to support students at home through games.

So, come ready to play card and dice games, learn more about chess and interact with the Ramer Wood Robotics.



We look forward to seeing you all at the Math Night!

RSVP - <https://forms.gle/jYsioq4S1GhFkrvT9>

(Please refer to April 1st email blast to complete form. One form per family)

MATH CORNER

Money

There are many opportunities to engage your children in conversations about money. From a very young age children are interested in learning about money and leveraging these conversations can have lifelong benefits. From learning the value of coins and dollars, to budgeting and finances, talking about money supports many different mathematical concepts (e.g., adding, subtracting, percentages and estimation).

Here is a parent guide with more information about supporting financial literacy at home:

http://www.edu.gov.on.ca/eng/parents/financial_literacy_parent_guide_en.pdf

To find out what your child will learn in math this year or to find other fun activities that you can do together as a family, please visit <http://www.yrdsb.ca/Programs/Math/Pages/default.aspx>. Be sure to also try our [Problem of the Month](#)

SPRING—Rainy and Wet Weather

With the arrival of spring comes wet and rainy days!

Please make sure that you have a conversation with your children about fast flowing creeks and rivers. Sometimes this can become a safety issue for children.

For the younger children, please make sure you send a dry change of clothes with your child just in case they get wet during recess.



Celebrating Earth Day



Monday, April 22, 2019 is Earth Day! You can celebrate by getting out in your backyard or by taking a walk in a park or forest. Being active in nature can have many health and personal well-being benefits.

Summer Institute 2019



Looking for summer learning and fun activities for students entering Senior Kindergarten to Grade Eight? Summer Institute offers academic, recreational and athletic programs and activities with intentional links to the Ontario Curriculum.

The program runs for six weeks during July and August. It is offered at 11 school sites around York Region.

For more information on dates, programs and locations, please visit the Summer Institute page on www.yrdsb.ca

Families may now register online, as well as in person or by mail.

Base Registration Weekly Fees:
 York Region District School Board students:
 \$110 (4 day weeks) \$125 (5 day weeks)
 Non-York Region District School Board students:
 \$135 (4 day weeks) \$160 (5 day weeks)

Are You Moving?

We are now planning for staff allocation and student placement for next school year.

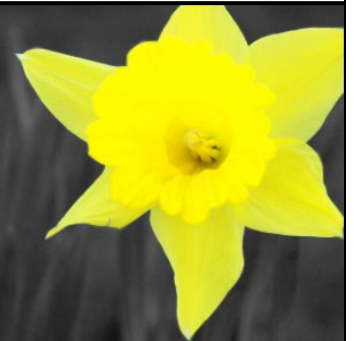
If you will be moving out of the school attendance area before September, please inform the school office.



APRIL IS THE MONTH TO FIGHT BACK



Canadian Cancer Society / Société canadienne du cancer



Battle of the Beverages



Did you know that one can of pop contains nine teaspoons of sugar and a 'fruit drink' bottle can contain 18 teaspoons of sugar? Even a small container of chocolate milk has four teaspoons of added sugar.

Beverages like pop, fruit drinks, sports drinks and even 100 per cent fruit juice and chocolate or flavoured milks often replace healthier drinks, such as plain milk and water. This can result in the development of unhealthy habits in children's diets at school and at home.

To help kids quench their thirst and keep them hydrated all day long, send water to school in a reusable bottle. Adding ice cubes to a reusable bottle can help keep water cold throughout the day.

For information about creating a healthy school food culture, visit brightbites.ca

This material is provided by York Region Public Health.





Celebrating Nutrition Month with the new Canada's Food Guide

Why not celebrate nutrition month with a look at the new Canada's Food Guide. The main focus of the new [Food Guide](#) is about food choices and healthy eating habits.

Make it a habit to eat a variety of healthy food choices each day:

- [Eat plenty of vegetables and fruits, whole grain foods and protein foods.](#) Choose protein foods that come from plants more often.
- [Limit highly processed foods.](#) If you choose these foods, eat them less often and in small amounts.
- Make water your drink of choice.

Healthy eating is more than the foods you eat. It is also about where, when, why and how you eat.

- [Be mindful](#) of your eating habits.
- Cook more often.
- [Enjoy your food.](#)
- Eat meals with others.

The new Canada's Food Guide aligns well with the core principals in the Student Nutrition Program Nutrition Guidelines. It is important to for all student nutrition programs to continue to follow the Ministry of Children, Community and Social Services Student Nutrition Program Nutrition Guidelines, 2016.





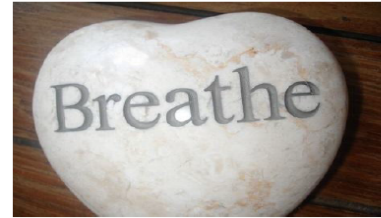
Community and Health Services
Public Health Branch

Take five – breathing exercise

Deep breathing is one of the best ways to manage emotions and cope with stress. Deep breathing exercises can quickly change a stressful response into a relaxation response.

Try this breathing exercise with your child:

1. Start with one hand – stretch your fingers out like a star
2. With your other hand use your pointer finger to trace the hand that is stretched out
3. Trace your hand – slowly slide up one side and down the other side of each finger
4. Breathe in through your nose and out through your mouth
5. Now put the last two steps together – breathe in through your nose as you trace up one finger and breathe out through your mouth as you trace down. Keep going until you have finished tracing your hand.



This simple relaxation tool can be performed by anyone, anywhere and at any time.

For more information please visit york.ca/healthyschools

This material is provided by York Region Public Health.



April 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	1	2	3 Primary Swimming	4 Grade 3 Fire Dept. Visit	5 Primary Swimming	6	
7	8 Twin/Triplet Day	9 Hat Day	10 International Day of Pink Primary Swimming School Council Meeting @ 6:30 p.m.	11 Spirit Day (Blue, Gray, & White)	12 Primary Swimming Superhero Day MADD Gr. 7 & 8	13 Vaishkhi	
14	15	16	17 Primary Swimming Regional Parent Symposium	18	19 GOOD FRIDAY (No School)	20 Pesach begins	
21 Ridvan	22 Easter Monday (No School) Earth Day	23 Hosting Junior Boys Area Basketball (All Day)	24 Primary Swimming Jump Rope for Heart Kick-off	25 Grade 7 Boys & Girls Vaccinations	26 Holy Friday Primary Swimming (Date TDB)	27	
28	29	30 Leader by Example Assembly	COMING SOON - RWPS MATH NIGHT WED. MAY 8				